



HealthiestYou

Consults are free

Access to high-quality healthcare— anytime, anywhere

UnitedHealthcare Student Resources offers insured students and eligible dependents convenient access to U.S. board-certified doctors and mental health providers by web, phone or app. And while the no-cost virtual visits don't replace primary care physicians, they do provide a reliable resource to students whether at home, school or traveling. With HealthiestYou, students can get treatment for a wide range of conditions, from the flu and infections to depression and anxiety.

Available services

General Medical

Students have 24/7 access to doctors who can diagnose and prescribe treatment by phone or video.

Mental Health Care

Students can speak with mental health providers such as psychiatrists, psychologists and therapists when and where they are comfortable.

How HealthiestYou works



Initiate

Students register online or by app and fill out a short health summary questionnaire.



Request

Students can request a General Medical visit right away or schedule one for later. For Mental Health Care, students select a provider and schedule a visit.



Visit

Students speak with the provider by phone or video.



Ongoing support

For Mental Health Care, students can schedule ongoing care from the same provider or request someone new.

Learn More: [Telehealth4students.com](https://telehealth4students.com) | StudentSales@uhcsr.com

About Teladoc Health: Teladoc Health is the global virtual care leader, helping millions of people resolve their healthcare needs with confidence. Together with our clients and partners, we are continually modernizing the healthcare experience and making high-quality healthcare a reality for more people and organizations around the world.

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